

Community Events



PHOTO BY TECH. SGT. SCOTT MACKAY

CFC update

Col. Scott West, 27th Fighter Wing commander, and his wife Jane make out a check to the Combined Federal Campaign. As of Tuesday, the CFC has contacted 76 percent of the wing and raised \$50,789.

Hearts Apart photos

All spouses and family members of deployed or remote personnel are invited to have their photo taken and/or make a 15-second video. Bring a 3.5 floppy disk for the video or picture. Photos can be transferred to a white pillowcase or T-shirt; please bring that as well. To sign up for a 15-minute time slot, call the Airman & Family Readiness Center at 784-4228. Photos will be taken during the following times:

- 1 to 2 p.m., Monday
- 4 to 5:30 p.m., Monday
- 3 to 7 p.m., Tuesday
- 2:15 to 5:30 p.m., Wednesday
- 3 to 7 p.m., Thursday

Women's B-Ball tryouts

Women's Varsity Basketball tryouts will be held at 4:30 p.m. Monday at the fitness center. For more information, call Master Sgt. Darrell Harris at 784-7041.

Small business seminar

Learn the essentials of starting a business from 2 to 4 p.m., Monday, at the Airman and Family Readiness Center. During the class, learn critical elements, including how to start an application process and form a business plan. For more information, call 784-4228.

VA seminars

A VA rep will offer seminars Tuesday at the Airman and Family Readiness Center.

— 1 to 1:30 p.m. Discussion will be the differences between the Medical Evaluation Board and a VA claim.

— 1:30 to 3 p.m. Review service medical records and start a claim with the VA.

More Community Events on Page 10.

MACH METER

Vol. 51, No. 39

Cannon Air Force Base, N.M.

Oct. 13, 2006



PHOTO BY AIRMAN 1ST CLASS HEATHER REDMAN

Hispanic Heritage Month celebrated

The Cannon Cultural Observance Committee held a Hispanic Heritage Month luncheon Oct. 6. Over 100 people attended and were entertained by performances from the La Casitas Folkloric Dance Team and Yolanda Romero, 27th Services Squadron, who sang the national anthem while the Cannon Honor Guard brought in the American flag. The next COC event will be a luncheon for American Indian Heritage Month, tentatively scheduled for Nov. 16.

AF leaders to discuss 'Cyber Command'

By Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON — Air Force leaders are gathering in early November to discuss plans for creation of a new command, one chartered with flying and fighting in cyber space.

Cyberspace became an Air Force domain, like air and space, on Dec. 7, 2005, when Secretary of the Air Force Michael W. Wynne and Chief of Staff of the Air Force Gen. T. Michael Moseley gave a new mission statement.

They said the mission is to "deliver sovereign options for the defense of the United States of America and its global interests — to fly and fight in air, space and cyber space."

Now, Air Force leaders are planning to stand up a new "cyber command," to be responsible for fighting in that domain, said General Moseley.

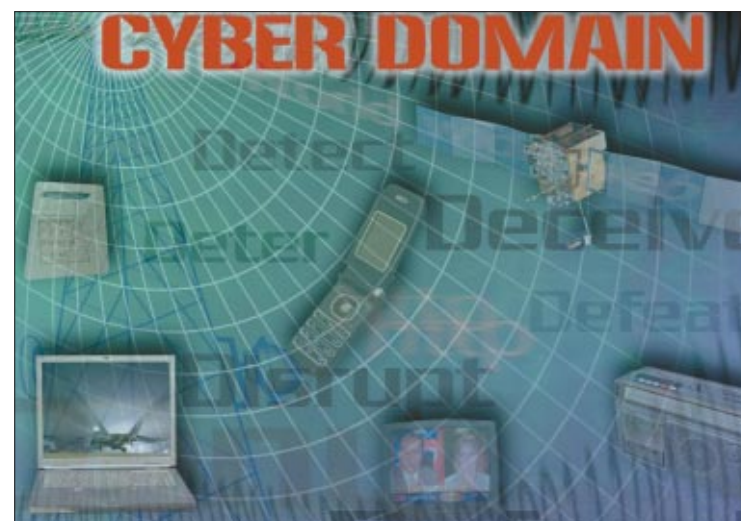
"To deliver the full spectrum of effects we will evolve a coherent enterprise, with warfighting ethos, ready to execute any mission in peace, crisis and war," the general said. "We will foster a force of 21st century warriors, capable of delivering the full spectrum of kinetic and non-kinetic, lethal and non-lethal effects across all three domains. This is why we are standing up an operational command for cyberspace, capable of functioning as a supported or supporting component of the joint force."

Air Force
leaders
begin

planning for the new cyber command Nov. 16 at the Cyber Summit.

During the summit, Air Force leaders will chart a way ahead for the Air Force's role in cyberspace, also called the cyber domain, said Dr. Lani Kass, director of the Air Force

■ See CYBERSPACE, Page 2



AIR FORCE ART BY VIRGIE REYES



NEWS

CYBERSPACE

Continued from Page 1

Cyberspace Task Force.

The chief of staff of the Air Force is going to gather his senior officers and talk about the new domain, in which, according to our mission, we are going to fly and fight," she said. "Our objective is to come out with a course, a vector, that will set us up for transforming our Air Force, to get us ready for the fight of the 21st century."

According to Dr. Kass, cyberspace is neither a mission nor an operation. Instead, cyberspace is a strategic, operational and tactical warfighting domain — a place in which the Air Force or other services can fight.

"The domain is defined by the electromagnetic spectrum," Dr. Kass said. "It's a domain just like air, space, land and sea. It is a domain in and through which we deliver effects — fly and fight, attack and defend — and conduct operations to obtain our national interests."

The cyber domain includes all the places an electron travels. The electron, which is part of the atom, can travel from one atom to the next. This concept is key to electronic communication and energy transmission.

An electron may travel from a cell phone to a cell tower, for instance. The path the electron takes, the shape of its path, the speed it travels and the direction it travels are all critical to ensuring the cell phone works and that a usable signal is received. As part of a signal, an electron can travel from a handheld computer to a reception tower, over a wire to a telephone, to a television through an antenna, from a radio transmitter to radio and from a computer to another computer that is part of a network.

The electron can also travel, as part of energy transmission, from a microwave oven to popcorn seeds to make them pop, from generators over a wire to a light bulb, and from an X-ray machine through bone to a detection plate to make an image for a doctor to review.

The places where the electron travels is the cyber domain, or cyberspace. And the ability to deliver a full range of cyber effects — to detect, deter, deceive, disrupt, defend, deny, and defeat any signal or electron transmission — is the essence of fighting in cyberspace.

In the United States, Americans depend on the cyber domain for nearly everything they do. The cyber domain is the "center of gravity" for all aspects of national power, including economic, financial, technical, diplomatic and military might, Dr. Kass said.

Cyberspace is something on which, as a technologically advanced nation, the United States is hugely dependent," Dr. Kass said. "You use your ATM card, you use your cell phone and you go to an Internet cafe. If somebody is pregnant, they go have a sonogram. If they are sick, they have an X-ray or an MRI. All those things are in cyberspace. Our life has become totally bounded, dependent on cyberspace. Therefore, the importance of that domain is not only for how we

fight, but also for our way of life."

Failure to control and dominate the cyber domain could be catastrophic, both at home and on the battlefield, Dr. Kass said. An enemy who wanted to inflict damage on the United States could use the cyber domain to penetrate any number of online systems. Once they have gained access, they might be able to delete or manipulate information to create an effect.

"Picture for a second that you are trying to fix an aircraft and all the information in your computerized manuals has been corrupted and you begin to put things together backward," Dr. Kass said.

The attacks of 9/11 illustrate another kind of effect that can be inflicted through the use of the cyber domain. The terrorists responsible for the attacks used global positioning system receivers to guide planes into the towers in New York. They trained on aircraft simulators, they used the Internet to recruit participants and they transferred money electronically to fund their activities.

Web survey to enhance, improve Cannon military family housing

Courtesy of Cannon Housing Office

With the recent announcement that Cannon will be the home of the 16th Special Operations Wing, preparations to house the influx of Airman has begun.

The Cannon housing privatization project was almost a done deal last year when the base was put on the Base Realignment and Closure (BRAC) list, said Michael Poston, 27th Civil Engineer Squadron. The BRAC announcement put the privatization project on hold until the outcome was certain for the base.

With the recent 16th SOW bed down announcement, the privatization project is now on a fast track and the housing office is in need of help to make sure the project is a success.

Cannon and Air Force Special Operations Command housing officers, along with a contractor (Science Applications International Corporation) are developing the first product necessary to award a privatization contract.

A Housing Requirements and Market Analysis (HRMA) must be performed to help determine future housing needs, said Mr. Poston. Information from the current

housing residents will be necessary to help in the development of the HRMA. A web-based HRMA survey has proven effective to collect necessary data for the project. Mr. Poston added that the questions asked in this survey are simple and straightforward and help determine housing characteristics and availability in the local area.

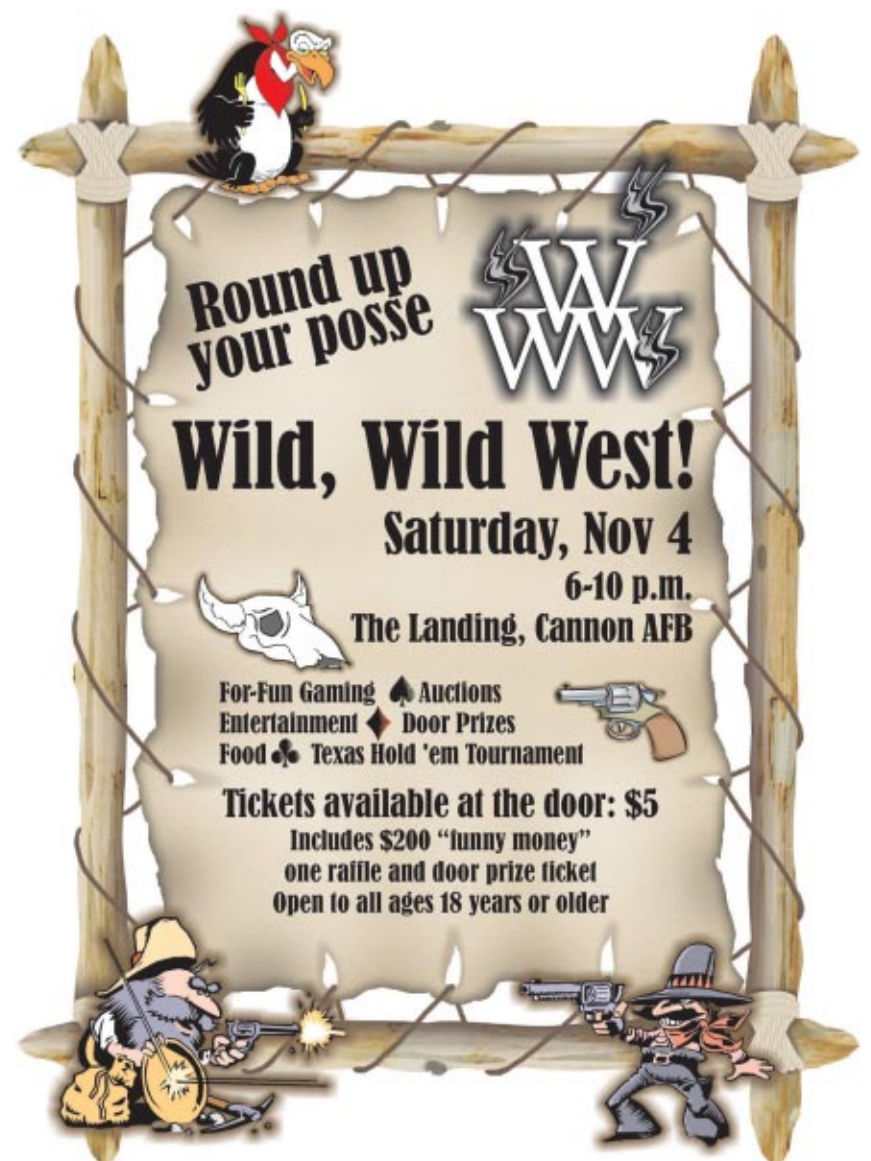
In the near future, Col. Scott West, 27th Fighter Wing commander, will be sending out an invitation to all Cannon servicemembers to complete this web-based survey.

All Airmen are highly encouraged to complete this on-line survey, whether they are accompanied or unaccompanied, live in base housing or in the dorms, or live downtown.

The survey is short and will be anonymous. The goal of the Cannon housing office is 100 percent participation and they need the help of Cannon.

They are asking that all servicemembers please do their part to enhance and improve Cannon military family housing by taking a few minutes to complete the survey.

For answers to any questions or for more information, please contact Donna Hester at 784-7532 or e-mail her at donna.hester@cannon.af.mil.





NEWS

Flu vaccine available at Cannon clinic

Courtesy 27th Medical Group

The flu season has resurfaced and the 27th Fighter Wing is launching its yearly influenza vaccination program.

Unfortunately, flu vaccine supply is constrained again this year, with a limited number of available doses of nasal spray vaccine (FluMist) and delayed delivery of the injectable vaccine (FluZone), said Maj. Walter Matthews, 27th Aeromedical Dental Squadron. As a result, vaccinations will be administered on a priority basis established by the Department of Defense. For now, flu vaccination is restricted to active duty only.

FluMist is a live, weakened virus vaccine given through a nasal spray. It provides longer and stronger immunity against the flu virus; however, its use is limited to healthy children and adults 5-49 years of age and excludes those with long-term illness, weakened immune systems or pregnancy, said Major Matthews.

FluZone is the traditional injectable "flu shot," and those who are not eligible for the nasal spray will receive this vaccine. Screening at the time of vaccination, as well as FluMist supply, will determine which form of the vaccine patients will receive.

All active duty personnel are required to be vac-

inated and will receive FluMist nasal spray unless ineligible. To accommodate work schedules, the 27th Medical Group immunizations clinic will keep extended hours, remaining open from 5:30 a.m. to 6 p.m. Monday through Friday until all FluMist supply is depleted.

To access the immunizations clinic after normal duty hours, patients may come to the front clinic entrance and proceed around the outside of the building to the left. The first set of double glass doors facing Casablanca Ave., lead directly to immunizations and will be marked.

The clinic anticipates having adequate supplies to begin vaccinating all high-risk individuals. These patients will be identified and contacted by clinic personnel, and all other beneficiaries by mid- to late November said the major.

Non-active duty personnel not wanting to wait for their flu vaccination are encouraged to seek vaccination in the local community. Many local businesses and health professionals offer flu vaccination free or for a nominal fee. Active duty members are required to report to the 27th MDG immunizations clinic for vaccination or for approval of an alternate option.

Contrary to popular belief, neither the nasal spray nor the injectable vaccine will give patients influenza, said Major Matthews. At worst, some

FluMist recipients will get a stuffy nose, a scratchy throat or otherwise feel a bit weak for a day or two.

FluZone side effects are similarly mild and may include tenderness at the injection site. The major said most of the side effects of these vaccines can be helped by over-the-counter aspirin, acetaminophen or ibuprofen.

So why is it so important to be vaccinated against the flu? Every year more than 200,000 Americans are hospitalized from flu complications; 36,000 die. Literally millions of school and work-days are lost in the U.S. each year to influenza.

As the flu season approaches, everyone must remember to wash their hands thoroughly and frequently, cover their coughs and sneezes, drink plenty of fluids, and get plenty of rest, said Major Matthews. People should stay at home when they are sick to keep the office healthy, being sure to keep their supervisor in the loop.

For more information regarding influenza or any other vaccination, patients should contact their primary care manager or the 27th MDG Public Health office at 784-4926.

For more information regarding seasonal influenza or the flu vaccine, please visit the Centers for Disease Control and Prevention Web site at www.cdc.gov.

Med group visits pumpkin patch

Wilbert and Mary Kalbas of Farwell, Texas, invited the families of the 27th Medical Group to come out for their 2nd Annual pumpkin patch adventure. Approximately 110 people participated in the adventure along with a tractor pull hay ride for the children, organized by Yolanda Infante, 27th MDG.



PHOTO BY YOLANDA INFANTE



COMMENTARY

SECAF, CSAF address heritage in letter to Airmen

To the Airmen of the United States Air Force,

Just over 100 years ago, American inventors from Dayton, Ohio, ushered in the era of manned flight. Since then, adaptive and flexible Airmen in uniform have continued to innovate, pushing the limits of imagination and technology to dominate the Air, Space and now Cyberspace, in an unrelenting quest to broaden our knowledge, expand our horizons, and ensure our nation's security. The United States Air Force's Air, Space and Cyberspace power give our nation unprecedented and unparalleled military options — options no other nation has ever had. We have truly become something amazing.

Nearly sixty years ago, President Harry Truman signed the National Security Act and on September 18, 1947 the United States Air Force became an independent service. This year, we commemo-

rate the 60th Anniversary of our proud Service — born of revolutionary ideas, forged in combat and proven through decades of progress and achievement. In doing so, we pause to reflect on our remarkable heritage, reaffirm our commitment to today's fight and resolve to continually expand our reach toward our limitless horizons.

We have every reason to be proud when we reflect on our remarkable heritage. We've been led by innovative air power pioneers who overcame dangerous times, daunting challenges and terrible enemies. The list of our great captains goes on and on: Billy Mitchell, Hap Arnold, Tooey Spaatz, Curtis LeMay and Bennie Schriever come immediately to mind. Yet not all our air power heroes are household names. Over 54,000 courageous Airmen have made the ultimate sacrifice in battle while serving our nation; still tens of thou-

sands more bear the physical and emotional scars of our years of combat. It's fitting, then, that on October 14th, 2006, we will dedicate a long overdue Air Force Memorial in Arlington, Virginia, honoring the dedication, sacrifice and accomplishments of these courageous air and space power pioneers and warriors. This inspiring monument overlooking Washington, D.C., also pays tribute to the millions of Americans who have served in the world's finest Air Force, the 700,000 Airmen who serve today across our Total Force and the millions yet to serve.

As we remember, we must also reaffirm our commitment to our Core Values — Integrity First, Service Before Self and Excellence in All We Do — which are the bedrock upon which we operate and build our future. We must also resolve to reinvigorate our Air, Space and Cyberspace capabilities. So even while we're engaged

in the current Long War, we're transforming ourselves into an information age force that will be able to dominate across our domains and have dislocating effects at all levels of war in this relatively new century. We're building on our history and soaring toward our horizon.

September 18th, 2006 marked the 59th birthday of the United States Air Force and the dedication of the Air Force Memorial will kick off our yearlong commemoration of six decades of global Air and Space Power. This year more than ever, let's embrace the fact that our boundless future builds on our glorious past and pay homage to the connection between the monumental achievements of America's pioneering Airmen and today's innovative war fighters. We remain amazed at today's Airmen and at the Air Force we have become. Thank you for what you do every day for our Air Force and our great nation!

New personnel management system gives civilians credit for work

By Maj. Randolph Toris

27th Comptroller Squadron commander

For most of you, Sunday will be just another date on the calendar, but for about 100 civilian employees at Cannon, that date has some extra significance and quite possibly, some angst. On this date, they will effectively fall under the National Security Personnel System (NSPS), a system originally designed for the Department of Homeland Security (DHS).

Why the switch to the new personnel management system? In fiscal year 2002, President Bush released his President's Management Agenda outlining 14 areas for government reform: areas requiring our attention that are both needing and able to be fixed. Of these, the first on the list was Strategic Management of Human Capital. Prior to becoming president, Governor Bush was quoted as saying, "We must have a government that thinks dif-

ferently, so we need to recruit talented and imaginative people to public service. We can do this by reforming the civil service with a few simple measures. We'll establish a meaningful system to measure performance. Create awards for employees who surpass expectations. Tie pay increases to results. With a system of rewards and accountability, we can promote a culture of achievement throughout the federal government." Unfortunately, some "simple" portions of the initial implementation by the DHS remain in litigation with the labor unions, thus our Air Force implementation follows suit: a partial implementation for the 100 or so non-bargaining unit employees here.

Being a comptroller officer by trade and far from a personnel manager, I write this article from an objective perspective: a fellow supervisor of civilians. We must all embrace the vision of a reformed civil service system. As with any new system,

growing pains and learning curves will exist, but the Air Force depends on the soft landing of today: proper implementation and phase-in, and buy-in. It can be argued military supervisors know about managing their military workforce, but know very little about managing a civilian workforce, including everything from discipline to pay incentives, and performance measurement to accountability. It is the job of supervisors to become experts in this system, as this system will remain in place for the foreseeable future.

If you aren't one of the initial 100 involved, it behooves you to watch and learn. Understand the system you will fall under. Whether today you are a supervisor of civilians or even the youngest of Airmen, all of us will be indirectly impacted, as those co-workers around us face a drastic change in their status quo. Take the time to visit the NSPS Web site at www.cpmis.osd.mil/nsps. Most important-

ly, realize a key piece of our workforce — civilians — deserve our time and attention as they go through what may be a major shift in their environment.

Undoubtedly, over the last six years you've heard the word "transformation." Depending on your office, this transformation could range from a new technical order, a functional merger or even something as simple as a furniture and office move. The constant push forward though, is the key. In his introduction to his management agenda, President Bush states, "Government likes to begin things — to declare grand new programs and causes. But good beginnings are not the measure of success. What matters in the end is completion." The road to NSPS implementation might be unpaved and seem intimidating to travel, but it's time to lead the change. It's our time to go down that road and do what's right for every deserving civilian in our workforce.

MACH METER

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Editorial content is edited, prepared and provided by the Public Affairs office of the 27th Fighter Wing.

All photographs are Air Force photographs unless otherwise indicated. For paid advertisements, call the advertising department of the *Clovis News Journal* at 763-3431.

News articles, local notes and other items for the *MACH METER* should be brought to the 27th Fighter Wing Public Affairs Office, 110 E Sextant Ave. Suite 1099, or e-mailed to the Mach Meter at

27fvmachmeter@cannon.af.mil.

All submissions will be considered for publication based on news value and timeliness.

Every article and photograph will be edited for accuracy, clarity and brevity, conformance with the Associated Press Stylebook and Libel Manual and with Air Force Instruction 35-101. Coverage of upcoming events should be arranged in advance by calling the Public Affairs office at 784-4131.

If you have a suggestion you would like to make, or a kudo you'd like to give, call the **ACTION LINE at 784-2722** — If you have a problem you need resolved, call the responsible agency first so they can provide better service to everyone promptly.

Deadline for submitting articles is noon Thursday the week prior to publication. Deadline for free classified advertisements is noon the Tuesday prior to publication.

MACH METER EDITORIAL STAFF

Col. Scott West
Commander, 27th Fighter Wing
Capt. Rebecca Garcia
Chief, Public Affairs
2nd Lt. George Tobias
Deputy, Public Affairs
Mr. Greg Allen
Editor
Airman 1st Class Thomas Trower
Assistant Editor
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Staff Writer





NEWS

Tricare Standard handbook released

FALLS CHURCH, Va. — Tricare officials are making a handbook available to all beneficiaries covered under Tricare Standard.

This new manual goes into much greater detail than the old booklet, making it as useful as the Tricare Prime and Prime Remote handbooks.

“We are publishing the standard handbook to help beneficiaries fully understand their medical care,” said Army Maj. Gen. Elder Granger, deputy director, Tricare Management Activity. “Explaining the benefit more clearly promotes beneficiary satisfaction, and is in keeping with the president’s initiative to make health care more transparent.”

Although the handbook is full of useful data from what’s covered to how to file a claim, it does not include cost information. Because of annual cost changes, Tricare created a separate summary of beneficiary costs flyer that contains costs for all Tricare programs, including dental and pharmacy. Tricare officials will update the flyer whenever the rates change.

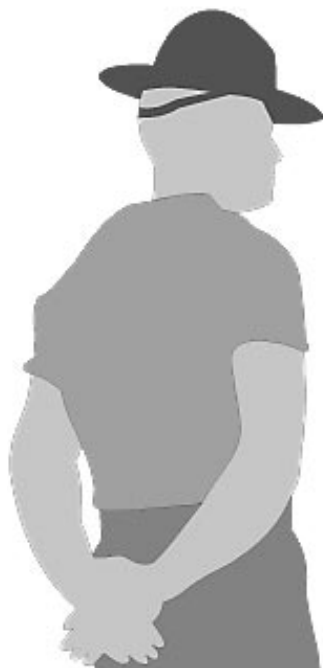
Beneficiaries now may ask for copies of the Tricare Standard handbook or the summary of beneficiary costs flyer from their regional contractors or from a local Tricare Service Center, or view the documents on the Tricare Smart Site at www.tricare.osd.mil/TRICARESmart. Basic information on Tricare Standard is available at www.tricare.osd.mil/Factsheets/viewfactsheet.cfm?id=318.



Energy-saving Tip of the Week

Turn the lights off when you leave the room. Contrary to what you may have heard, turning off the lights, even for just one minute will save energy. The same is true for home personal computers. A personal computer consumes only about one second’s worth of running-time energy in starting up. Save a watt, shut it off!

Courtesy of the 27th Civil Engineer Squadron



Sgt. Afi’s 36-2903 Tip of the Week

In accordance with Air Force Instruction 39-2903, table 1.3 – when using commercial airlines, Airmen are authorized to wear civilian attire or any blues combination if they prefer. Utility uniforms (BDUs or flight suits) are not authorized. Military uniforms are not allowed in business or first class.



FEATURE

'Top Flight' to rock forward bases

By Staff Sgt. Shad Eidson
Air Force Print News

SAN ANTONIO — A 10-member Air Force band plans to boost morale throughout Southwest Asia, entertaining coalition forces at several forward operating locations as well as main operating bases typically visited by other bands and civilian artists.

Top Flight, the rock band component of the Band of the West at Lackland Air Force Base, Texas, will travel with light acoustic equipment on Blackhawk helicopters to more isolated locations to perform for Airmen and other service members who can't get back to the main bases where the band will have larger performances.

"It's absolutely important to go out to those forward locations. They are the people who are doing the hard work and deserve a break and a thank you more than anybody else," said Tech. Sgt. Jonathan Packard, NCO in charge of the band and bass guitarist and vocalist.

"We deploy just like everybody else," Sergeant Packard said. "We go through combat skills training, weapons qualifications and all of the medical hurdles that everybody jumps through."

After Airmen, Soldiers, Marines and Sailors have been deployed and away from home for a few months, Air Force bands step in to boost morale, said Master Sgt. Don Friedly, the band's operations representative.

"We attempt to create a show that will change their mood for a minute, take them home or take their minds off of what they're doing and then send them back to their environment with just a little bit higher spirits," said Tech. Sgt. Donna Siler, band vocalist who retrained from information management in 1996 after completing two tours in Tops In Blue.

The band has scheduled stops at more than 15 locations with one large evening show at each. They hope to have time go to work centers and do performances for the shift workers who can not get out, Sergeant Friedly said. The band is prepared to do 30 to 40 performances while deployed, he said.

"We bring lots of extra strings, oil, reeds and backup redundant gear for just about everything we have," Sergeant Packard said.

"Being able to play a show with absolutely minimal preparation time, and no one knowing the difference, is a testament to the Air Force band

program and the professionals involved across the entire career field," Sergeant Packard said. "Musicians in this career field are not what you find in your average bar band."

"I felt I needed to do something. And it's a really good cause bringing a little hope and home to people who are overseas," said Airman 1st Class Melissa Plotkin who volunteered to join the band as a vocalist instead of playing her French horn with the Band of the West Concert Band here.

"We want to be able to reach as many of the deployed troops there,



PHOTO BY STAFF SGT. SHAD EIDSON

Bass guitarist and vocalist Tech. Sgt. Jonathan Packard rehearses Oct. 4. He is with the Air Force Band of the West's Top Flight rock band at Lackland Air Force Base, Texas. The band will be deploying soon to Southwest Asia.

show our support and let them know all the support that is being shown back home," said audio engineer Staff Sgt. Nick Wellman who will be deploying for the first time with the band.

Sergeant soars to greater heights



PHOTO BY TECH. SGT. CECILIO RICARDO JR.

Staff Sgt. Bill Manus prepares to launch his balloon called the Shadow Dancer, with around 700 other hot air balloons participating in the first mass ascension over Fiesta Park during the Balloon Fiesta at Albuquerque, New Mexico, Oct. 7. Sergeant Manus is an electronics warfare journeyman with the 150th Air National Guard.

By Staff Sgt. Jeremy Larlee
Air Force Print News

ALBUQUERQUE, N.M.— Standing a towering 6 feet 11 inches tall, the sergeant is closer to the clouds than the average person, but today he soars to even greater heights.

Staff Sgt. Bill Manus an electronic warfare journeyman with the New Mexico Air National Guard's 150th Fighter Wing, pilots his hot-air balloon today alongside more than 700 others in Albuquerque's 35th Annual Balloon Fiesta.

The sergeant said it is a great feeling.

"There is nothing I can think of that is like hot-air ballooning," he said. "It is like you are just floating along with the wind."

Sergeant Manus, who grew up in Albuquerque, first got involved in hot-air ballooning in

1996. An owner and pilot from overseas traveled to the event but didn't have a crew to help get them in the air. The sergeant's father volunteered to assist and the hobby became a family passion. In 1999 the family bought their own balloon from a friend.

The sergeant is a seven-year veteran of the Air National Guard and he said he finds that he uses a lot of the skills he has learned in the military, when he pilots his hot-air balloon. Leadership in particular, is used to direct his support crew of family and friends.

"As the pilot, I'm responsible for everything," he said. "I am responsible for every action my crew takes, whether they are in the air or on the ground."

Safety is a primary concern of the sergeant when he pilots his balloon. He inspects his equipment constantly and

ensures that he is comfortable using it. He also checks the weather reports before he flies. He can only control the balloon vertically, so he is at the mercy of Mother Nature when it comes to his flight path. With a detailed wind report in his hands, he is able to safely plot his trip.

Sergeant Manus said the balloon fiesta is a great chance to catch up with other hot-air balloon crews.

"Over the years you make good friends and typically this is the only time you can see them if they come from out of state," he said.

The sergeant said he could not think of a better way to spend his time.

"Being up in a hot-air balloon is great," he said. "Everybody should be able to experience a rush like this in their lifetime."



NEWS



MACH METER ARCHIVE PHOTO

Gamblin' time

The Officers' Spouses Club Wild Wild West Night is back again and will be held from 6 to 10 p.m. Nov. 4 at The Landing. The cost is \$5 and includes one raffle and door prize ticket, and \$200 in funny money. All money raised goes to scholarships for military spouses.

Keep the wheels turning

Cannon Air Force Base wants your ideas. Military members, civilian appropriated employees, and academy cadets can receive up to \$10,000.

Submit your IDEA at

http://ipds.mont.disa.mil/ipds/dv_new_home_page

Contact your local manpower office at 784-2580.

**What's happening?**

PHOTO BY JANET TAYLOR-BIRKEY

Cannon Lanes

Staff Sgt. Terry Little, 27th Equipment Maintenance Squadron, gets a quick game in at Cannon Lanes. The bowling alley offers many savings throughout the week, along with lunchtime specials.

Today

Seafood Buffet – 11 a.m. at The Landing
Mongolian BBQ – 5 p.m. at The Landing
Friday the 13th events – 7 p.m. at the End Zone
Texas Hold'em – 6 p.m. at The Landing
DJ Night – 8 p.m. at the End Zone

Saturday

Ojo Caliente – 5 a.m. with Outdoor Recreation
Balloon Fiesta – 6 a.m. with Information Tickets and Travel
Alternating Shot Tourney – 9 a.m. at the Whispering Winds Golf Course
Day for kids – 10 a.m. at the Youth Center
Nickel-dime Night – 6 p.m. at Cannon Lanes

Sunday

NFL Football – 10 a.m. at the End Zone
Dart League – 6:30 p.m. at the End Zone

Monday

Benchpress Competition – all day, Monday through Friday at the fitness center

Conversational Language Skills – 11 a.m. to noon, Monday through Friday at the Cannon Library
Melba's Choice – 11 a.m. to 1 p.m. at The Landing
Football Frenzy – 6 p.m. at the End Zone

Tuesday

Senior Golf League – 9 a.m. at the Whispering Winds Golf Course
Homestyle Buffet – 11 a.m. at The Landing

Wednesday

International Buffet – 11 a.m. at The Landing
Kids Craft – 5 p.m. at the Clovis Community Center

Thursday

Teen Fishing – 5:30 a.m. meet at the Youth Center, must have fishing license
Roast Beef Buffet – 11 a.m. at The Landing
XBox Challenge – 5 to 7 p.m. at the Portales Community Center
Chess Club Casual Play – 5 to 7 p.m. at the Central Community Center



COMMUNITY EVENTS



COURTESY PHOTO

Pet of the Week

This female dog was found on base, but the owner could not be found. Anyone interested in adopting her may e-mail Ly at Lycinda.Krzyzowski@cannon.af.mil. For more information about adopting other available dogs or cats, call the Airman and Family Readiness Center at 784-4228.

■ Continued from page 1

— 3 to 4 p.m. There will be a question and answer period about different benefits, including the GI bill, home loans, VA medical, small business loans and state benefits. To set up an individual appointment, call 784-4228.

Bundles for babies

Bundles for Babies is 8:30 to 11 a.m. Thursday at the Airman & Family Readiness Center. The class offers an array of information, including physical changes a mother can expect while she is pregnant, how to care for a baby and financial aspects of having a baby. Active-duty Air Force members or spouses of active-duty members will receive a gift bundle worth approximately \$75 upon attending the class. For more information or to register, call 784-4228.

OSC social

The Officer Spouses Club will hold their monthly social at 6 p.m. Thursday in the Escape Room at The Landing. All spouses married to officers, spouses of GS-7s and above, and spouses of retired officers interested in becoming members may call 784-3818 for more information.

Happy & Healthy Families

A one day marriage enrichment workshop addressing couple communication and conflict resolution will be held from 9 a.m. to 4 p.m. Oct. 20 at La Quinta Inn. Meals, childcare and materials are provided free. Spouse participation is required. Couples may register through their first sergeant.

Operation Homefront Quilts

Operation Homefront Quilts will meet at the Airman & Family Readiness Center from 10 a.m. to 3 p.m., Oct. 20. Volunteers are invited to make quilts for families who have lost loved ones in the war. No experience is necessary and all materials are provided. For more information, call 784-4228.

Cultural Observance Committee

Volunteers are sought to help with this year's American Indian Heritage Month events. The committee meets at 11 a.m. each Monday in Bldg. 600, room 2025.

Red Cross volunteers

The Cannon clinic is looking for volunteers to fill key roles. If interested, contact the Clovis American Red Cross office at 784-4129 or the clinic at 784-4067.



FEATURE

Staying busy, caring for self Keys to easier deployments

By Janet Taylor-Birkey
27th Fighter Wing Public Affairs

In 19 and a half years, Elizabeth Malone's husband, Master Sgt. James Malone, currently stationed in Southwest Asia, has deployed more times than she can count, she said.

To get ready for the current deployment, Mrs. Malone received two things from her husband, both to be used in a crisis: the name of the auto mechanic and a gift certificate. She laughed as she said she should've gotten the name of a lawn mower repair man, telling how the mower quit on the last pass as she mowed the yard. "It looks like the backyard has a mohawk!"

The gift certificate was for a one hour massage and European facial at a local salon.

Sergeant Malone, described as "just amazing" by his wife, presented her with the certificate before he left, with the advice, "You'll need this sometime before I get back."

Mrs. Malone has always found ways to stay busy during her husband's deployments. Earning a college degree and caring for Andi, their daughter, filled the hours in the past. But she

completed her bachelor's degree in December, and their 15 year old daughter is becoming much more self-sufficient. She has now turned her efforts to job hunting and volunteering. Mrs. Malone volunteers at the One-4-All pet shelter and also with her daughter at the Reading Rainbow Room at the Matt 25 project in Clovis.

Mrs. Malone always looks forward to her husband's return, but is also proud of the things she has learned in his absence. "You learn to be independent. In 19 years you learn a lot." She said that it is fine to get assistance from key spouses and first sergeants, but "you" also need to do things on your own.

She told one story of a stateside spouse she helped years ago who had no access to the family's money and did not know how to write a check. Mrs. Malone's advice concerning family business matters is to learn to pay bills and stay on a budget.

Mrs. Malone also has advice for the stateside spouse's personal care, too. Take care of not only your children, but also yourself, she said.

"Keep yourself busy. There are plenty of things to do. Pick a pet project — get to know the community."



PHOTO BY JANET TAYLOR-BIRKEY

Elizabeth Malone, wife of Master Sgt. James Malone, holds down the fort while her husband serves overseas.

Guard, Reserve program helps families deal with separations

By Staff Sgt. Julie Weckerlein
Air Force News Service

WASHINGTON — Studying her family's checkbook, military spouse Desiree Currie of Richmond, Va., faced a dilemma.

Her husband had just left for Iraq with the Virginia Air National Guard, leaving behind a second job that paid for their daughter's dance classes. Without the extra money, there could be no extracurricular activities.

Yet she didn't have the heart to tell Kayla, 7.

"Kayla just loves to dance," Mrs. Currie said of her daughter, who takes both baton and hip-hop lessons. "It didn't seem fair to have her Daddy go away, and then her dance classes, too."

Fortunately, Mrs. Currie soon received e-mail from her husband's unit family coordinator, directing her to Our Military Kids, Inc., a McClean, Va.-based nonprofit organization that provides grants to children like Kayla.

"It was so easy to do," Mrs. Currie said. "I filled out the form and sent them a pamphlet about the dance classes."

Within days, the grant for Kayla was approved, and she received a patch and certificate in the mail, thanking her for her sacrifices as a military child.

"Kayla loves that certificate," Mrs. Currie said. "It's hanging up in her room. She's the only kid in her class with a parent in the military, and it really made her feel special to be recognized like that."

With money from state and private donors, the program sponsors extracurricular events for children (kindergarten to 12th grade) of Guard and Reserve servicemembers across the country. Like the Curries, many Guard and Reserve families live far away from military installations where family support and youth programs are routinely offered for free to military families.

Yet, Guard and Reserve families must also live off a military paycheck

while the servicemember is deployed, a hardship as most leave behind second, or higher-paying, civilian jobs.

"Deployments are always stressful," said Michelle Nelson, director of family programs and community relations for Our Military Kids, Inc. She knows from experience — her own husband recently returned from Afghanistan with the Virginia National Guard. "I think it's even more so for the children, because usually they have to give up so much of their routine — and children need routine."

Ms. Nelson said it's cases like Kayla's that inspire her work as director of family programs and community relations for the program. She pointed out another case of one little girl, also named Kayla, who struggled in school after her father deployed.

"Her mother was very surprised to learn Kayla was going to be held back from the second grade," said Mrs. Nelson. "So, through Our Military Kids, she was able to find Kayla

a tutor during the summer and bring her up to speed so she was able to go onto the second grade with her friends."

Mrs. Nelson said she hopes more families take advantage of the program, especially since it's so easy to apply.

"We do get some people who are apprehensive about asking for help," she said. "But this is, more than anything, a recognition program. We do understand the sacrifices these families and children are making, and we know that happy kids make for happy spouses make for happy servicemembers. It goes full circle."

Mrs. Currie said the program has been a huge boost for her entire family.

"Kayla's dad and I are happy she's able to keep dancing," she said. "And since her dad wasn't at her dance recital, she's working very hard to be able to show him what she's learned while he's been gone. It's something she looks forward to sharing with him."



Unit Spotlights



Congratulations Noncommissioned Officer Academy graduates

Distinguished Graduate: Tech. Sgt. Charles Jenkins, 27th Mission Support Squadron

Tech. Sgt. Mary Betancourt, 524th Fighter Squadron

Tech. Sgt. Jacob Bezner, 27th Aircraft Maintenance Squadron

Tech. Sgt. Jonathan Dauzat, 27th Communications Squadron

Tech. Sgt. Michael Dynda, 27th Aircraft Maintenance Squadron

Tech. Sgt. John Hehn, 27th Aircraft Maintenance Squadron

Tech. Sgt. Timothy Jenkins, 27th Mission Support Squadron

Tech. Sgt. Gregory Kirk, 27th Civil Engineer Squadron

Tech. Sgt. Robert Loftin, 27th Fighter Wing

Tech. Sgt. Daniel Millard, 27th Maintenance Operations Squadron

Tech. Sgt. Jonathan Oakley, 27th Aircraft Maintenance Squadron

Tech. Sgt. James Parks, 27th Aircraft Maintenance Squadron

Tech. Sgt. Christopher Ramsdell, 27th Logistics Readiness Squadron

Tech. Sgt. Guadalupe Ruiz, 27th Equipment Maintenance Squadron

Tech. Sgt. Robert Seaton, 27th Communications Squadron

Tech. Sgt. Mark Simons, 27th Logistics Readiness Squadron

Tech. Sgt. Adam Turbeville, 27th Equipment Maintenance

Congratulations 2006 ACC Civil Engineer award winners

Outstanding Civil Engineer Senior Military Manager

Maj. Shawn Larcher

Outstanding Civil Engineer Military Manager

Capt. Alesandra Neiman

Outstanding Operations Flight

27th Civil Engineer Squadron/CEO

Outstanding Engineering Flight

27th Civil Engineer Squadron/CEC



**CANNON AIR FORCE BASE
CHAPEL**

Chapel services

CATHOLIC

Religious Education Sunday

9:15 a.m. (grades K-6)

Sunday Mass 10:30 a.m. and 5 p.m.

Reconciliation 9:30 a.m.

Weekday Mass (M,W,F) 12:05 p.m.

Edge/LifeTeen youth ministry Sunday
6 p.m. (grades 7-12)

PROTESTANT

Contemporary 9 a.m.

Sunday School 10:30 a.m.

Inspirational 12 p.m.

**For more information about other programs
or other faith groups, call the chapel office at
784-2507.**

At the Movies

The Cannon Movie Theater is located on the corner of Torch and D.L. Ingram.
Movie prices are \$3.50 for adults, \$1.75 for children and \$1 for all viewers on Thursdays.

Invincible

Today at 7 p.m. and Saturday at 4 p.m.

Description: When the coach of Vince Papale's beloved hometown football team hosted an unprecedented open tryout, the public consensus was that it was a waste of time. Certainly no one like Papale — a down-on-his-luck, 30 year-old, substitute teacher and part-time bartender who never even played college football. But against these odds, Papale made the team and soon found himself living every fan's fantasy — moving from his cheap seats in the upper deck to standing on the field as a professional football player.

PG — sports and some mild language

Running time: 108 min.

The Wicker Man

Saturday at 7 p.m. and Sunday at 4 p.m.

Description: Police officer Edward Malus stops a station wagon to return a little girl's lost doll. Moments later, a runaway truck slams into the station wagon, igniting it into a fiery wreck with the mother and child trapped inside. Edwards fails to save them before the car explodes, and then spends months of his life choking down pills to get the image of their faces out of his head. But Edward is about to get a second chance.

PG-13 — disturbing images, violence, language, thematic issues

Running time: 98 min.

Idlewild

Sunday at 7 p.m.

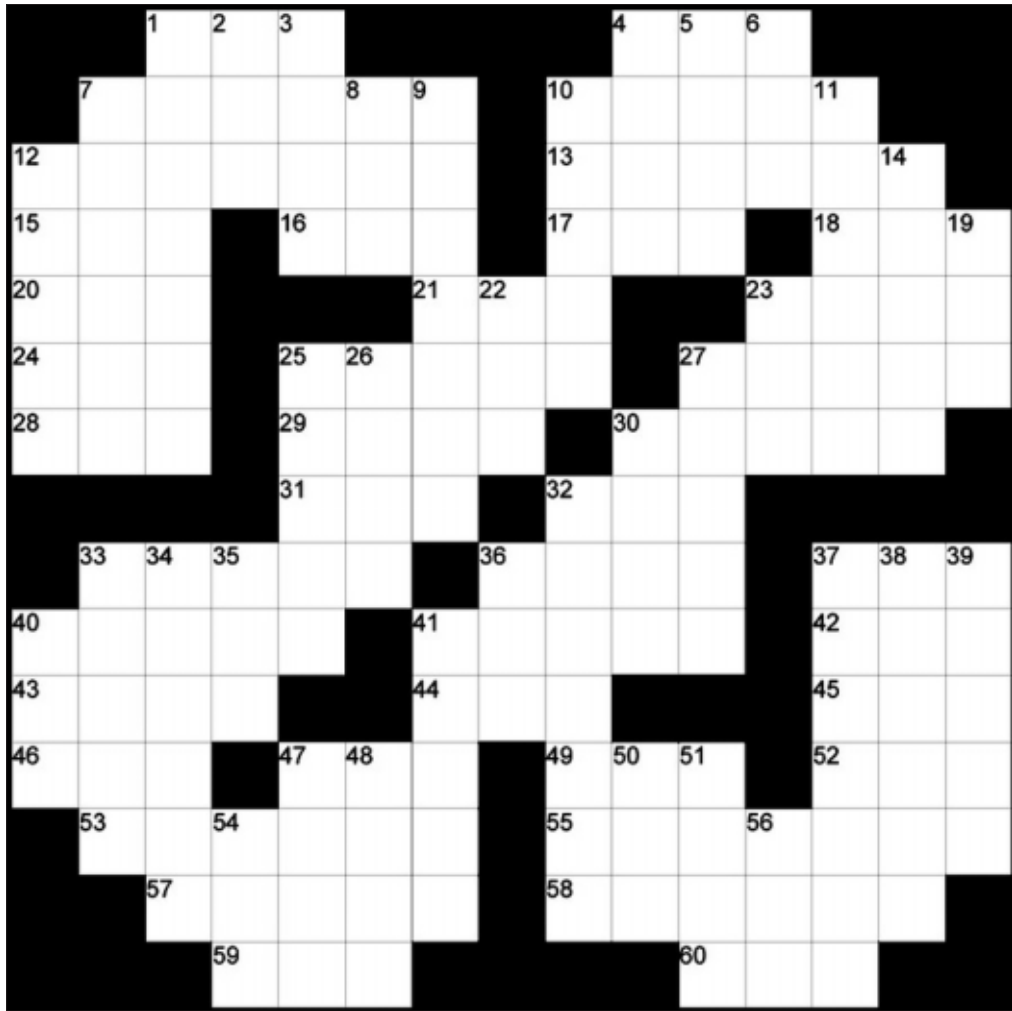
Description: Set against the backdrop of a 1930s southern speakeasy, Percival, a shy piano player, and Rooster, the club's showy lead performer and manager, struggle to keep their dreams alive.

R — violence, sexuality, nudity and language

Running time: 120 min.



THE LIGHTER SIDE



ANSWERS ON PAGE 19

Happy Birthday U.S. Navy

By Capt. Tony Wickman
71st Flying Training Wing Public Affairs

Across

- 1. Venomous snake
- 4. Grass field
- 7. Marshall Islands atoll site to nuclear testing
- 10. USN Spec Ops forces
- 12. LT T. G. ____; first Naval Aviator (1910)
- 13. Arched middle part of the human foot
- 15. Formerly
- 16. Crouching Tiger, Hidden Dragon director Lee
- 17. Decay
- 18. Animal doc
- 20. German article
- 21. Epoch
- 23. Char
- 24. Tokyo, formerly
- 25. Boatswain's Mate First Class Edward ____; USN MOH recipient
- 27. Commodore Oliver Hazard ____; "Hero of Lake Erie" in War of 1812
- 28. Mil. telephone system
- 29. Plunged
- 30. Admiral George ____; only Admiral of the Navy (1899)
- 31. No __, ands or buts
- 32. Duty status, perhaps

- 33. Seafaring need
- 36. Limbs
- 37. Concorde, in brief
- 40. Hubris
- 41. Seeing or hearing
- 42. Fed. org. concerned with smog
- 43. Shakespeare villain
- 44. X, to Cicero
- 45. Branch of a military force
- 46. Wane
- 47. A long time ____ ...
- 49. USN rank
- 52. Foot part
- 53. USN civilian head
- 55. Commodore Stephen ____; Barbary Wars and War of 1812 hero
- 57. Provide with a quality or trait
- 58. Address for two or more people
- 59. Popeye's girl Olive
- 60. ____ West; inflatable, vestlike life preserver

Down

- 1. Airfoil that controls lateral motion
- 2. Vanilla ____
- 3. Site of leaning tower
- 4. Late night host
- 5. Compass point
- 6. Model/actress Carol
- 7. Exsanguinates
- 8. Prefix for combatant or invasive
- 9. David S. ____; first USN ace (1918)

- 10. Sea nymph who lured sailors to destruction
- 11. Strict
- 12. Terminated
- 14. RADM Robert ____; explorer and first person to the North Pole
- 19. Attempt
- 22. Hair care product
- 23. Embroider
- 25. Intensely interested
- 26. Right's counterpart
- 27. Seaman Joachim ____; USN Medal of Honor recipient (Civil War)
- 30. Excavates
- 32. PT 109 skipper and future US president
- 33. Marine crustaceans
- 34. Lenah ____; Superintendent of Nurse Corps and Navy Cross recipient
- 35. Commotion
- 36. Confederate general
- 37. Pacific NW city home to SEAFAIR festival
- 38. Dr. Mary ____; commissioned first female doctor in Navy (1950)
- 39. More domesticated
- 40. American ____
- 41. Kitchen appliance
- 47. Matlock's Griffith
- 48. Ancient region of western Europe
- 50. Prefix meaning new
- 51. Refuse or worthless matter
- 54. USN military head
- 56. Auto club



HEALTH AND FITNESS

Club championship finishes up golf course season

By Dennis "Chris" Christensen
27th Services Squadron

The Whispering Winds Golf Course Club Championship, the last major golf tournament of the season, was held on Sept. 15 and 16, with thirty-seven golfers competing for prizes and gift certificates.

The player in the Championship Flight, who shot the lowest two-day gross score, was crowned the 2006 Club Champion.

Brian Hollandsworth played two solid rounds of golf during the tournament and led the competition from start to finish. On the 15th, he opened with a 73, one shot better than Gerald "Fess" Parker and on the 16th he shot another steady round of 74 to win his first major golf championship.

Ken Eveland, the defending Club Champion, got off to a shaky start with a round of 79 the first day but recovered nicely on the 16th by shooting two over par 72 to tie Parker for runner-up, as both players finished with a two day total of 151.

Bill Gurr finished third with a score of 152.

In the seniors division, Larry Oehm's two day total of 156 outdistanced Pete Wilt and Bob Villines who both finished at 161. The tournament format was individual medal play, flighted by handicap.

Other winners by flight were:

Championship Flight —

First low gross — Brian Hollandsworth, 147

First low net — Gerald Parker, 137

Second low gross — Ken Eveland, 151

Second low net — Larry Oehm, 138

First Flight —

First low gross — Pete Wilt, 161

First low net — Bob Villines, 131

Second low gross — Chet Spear, 164

Second low net — Scott Underbrink, 140

Second Flight —

First low gross — Richard Martinez, 167

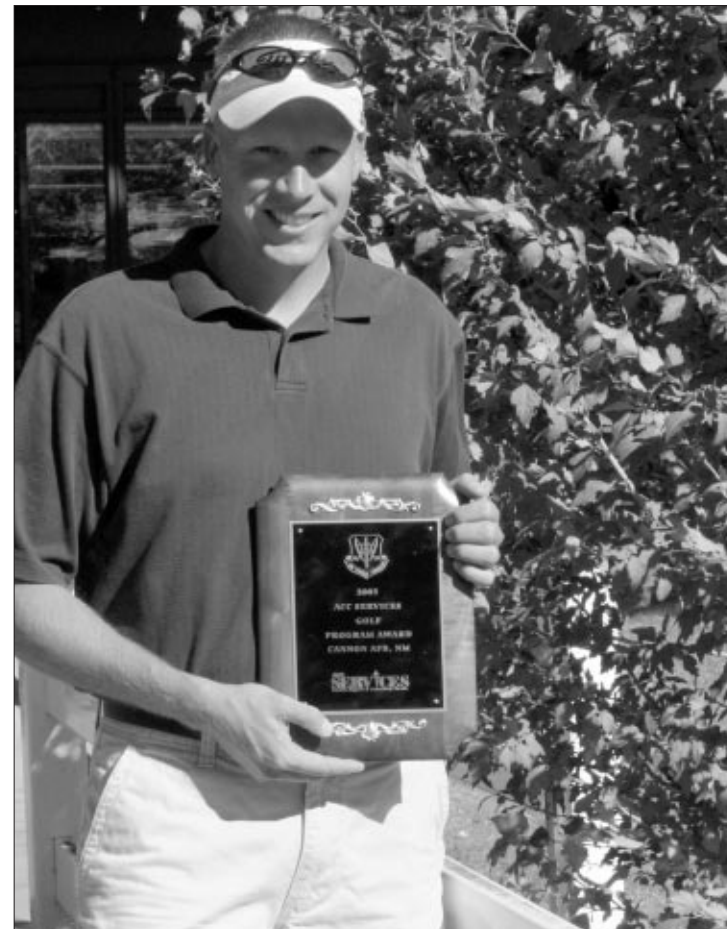
First low net — Tim Bloink, 136

Second low gross — Bruce Vincent, 185

Second low net — Carroll Mason, 137

Closest-to-the-pin contest winners were:
First day — hole 3, Bob Villines; hole 7, Josh Creeger; hole 11, Larry Oehm; hole 15, Ron Lancaster and Richard Martinez won hole 17. Second day — holes 3 and 11, Josh Creeger; hole 7, Scott Underbrink; hole 15, Ken Eveland and hole 17, Andres Montoya. All of the winners received gift certificates.

An up-coming event at the Whispering Winds Golf Course will be a Scotch Partnership on Saturday. For more information or to sign-up, call the pro shop at 784-2800.



COURTESY PHOTO

2006 Club Champion Brian Hollandsworth

Benchpress Competition



All next week at the fitness center.
Compete throughout the day.





SPORTS SHORTS



Turn slip in to the Public Affairs office by 4:30 p.m. today. They are located in Bldg 600, suite 1099.

The participant who picks the most winners will win a free large one-topping pizza from the End Zone. The name will be announced next week.

Sunday Week 6 Schedule

Buffalo at Detroit	11 a.m.	CBS
Carolina at Baltimore	11 a.m.	Fox
N.Y. Giants at Atlanta	11 a.m.	Fox
Houston at Dallas	11 a.m.	CBS
Tennessee at Washington	11 a.m.	CBS
Cincinnati at Tampa Bay	11 a.m.	CBS
Philadelphia at New Orleans	11 a.m.	Fox
Seattle at St. Louis	11 a.m.	Fox
Miami at N.Y. Jets	2:15 p.m.	CBS
Kansas City at Pittsburgh	2:15 p.m.	CBS
San Diego at San Francisco	2:15 p.m.	CBS
Oakland at Denver	8:15 p.m.	NBC

Monday

Chicago at Arizona 8:30 p.m. ESPN
— Bye: Cleveland, Green Bay, Indianapolis, Minnesota, New England, Jacksonville



Football Genie

Circle winners and turn this into Public Affairs by 4:30 p.m. today.

Congratulations to Charles Moon, 27th Contracting Squadron, who won last week.

Name/Unit/Phone _____

Total Monday points (tie breaker) _____

Cannon Lanes

Nickle-Dime night — 6 to 9 p.m., Saturday. Bowl for a starting price of \$2.25 per game. For every spare the price is reduced 5 cents and every strike drops the price 10 cents.

Cosmic Bowling — 9 p.m. to midnight Saturday. Bowl with the lights off and music playing for \$2.50 per game.

Whispering Winds Golf Course

Alternating Shot Tournament — Players may choose their own partners in this tournament that will be held Saturday with a 9 a.m. tee time. There is a \$15 entry fee.

Evening scrambles — Two-person teams where players may select their partners will compete in a nine-hole scramble Monday. Handicaps will be used.

Sign up by 3 p.m.

Senior days — Senior golfers 50 years and older receive \$2 off daily green fees and 50 percent off electric carts Monday and Tuesday.

Retiree Wednesdays — Golfers with retired military ID cards receive \$2 off daily green fees and 50 percent off electric carts on Wednesdays.

Member First discounts — 10 percent discount off annual, quarterly and monthly greens fees. Half off club

rentals. \$2 off cart rental for 18 holes.

Youth Center

Oasis State Park fishing — Oct. 21, Tweens will join the center for a day full of fishing. The cost is \$5 per person and children must sign up by Oct. 19. The trip will last approximately 12:30 to 3:30 p.m.

Outdoor Recreation

Special guided tour of Spider Cave — Oct. 23, \$65 per person, must be 12 years old or older.

Hike half of a mile down Garden Grove Canyon to get to the cave, where crawling and climbing will ensue. Visit areas such as the Mace Room, the Medusa Room and Cactus Spring. This trip is not recommended for anyone with fear of enclosed spaces or heights.

Participants must bring four AA batteries, knee pads and cotton gloves.

Depart at 6:45 a.m. and return at 9 p.m.

End Zone

Football Frenzy — Football Frenzy kicks off at 10 a.m. every Sunday. Don't forget to stop back by for Monday Night Football every Monday at 5 p.m.

Every Monday, use a West Wing Pass to receive 50 percent off hot wings, pizza and drinks for the first half of the game. One drink per pass, per order. Must be 18 or older. One card per person.